



<b>Vol. XV</b>	<b>Issue Highlights</b>	<b>November 2009</b>
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**"Educating minds...Strengthening roots...To build a better tomorrow."**

# 4<sup>th</sup> ANNIVERSARY ISSUE



### Editorial Initiative:



In order to inculcate and nurture a love for nature and care for the environment in it's students, **Buniyaad**, as part of its **4<sup>th</sup> Anniversary**, has launched a **Special Initiative: SAP (Students 'Adopt a Plant')**. Each Nursery will be handed a sapling to be planted.

The students, with the help of their class teacher, will plant the sapling in a pot. It will be the students' responsibility to ensure that the plant is watered and cared for daily. The growth of the plant will be monitored and the nursery with the best cared for plant will be felicitated.

This initiative will not only provide a hands-on exposure to Environmental Science, but also encourage them to love and respect Nature.

*The Editorial Team.*

### ➤ Breast Cancer Awareness Camp:

**He who has health has hope; and he who has hope has everything.**

**~Arabic Proverb.**

To reinforce the validity of this ancient proverb, **Buniyaad** organized a '**Breast & Uterus Cancer Awareness Camp**'. The Camp was organized by **Vasantha Memorial Trust** on 7<sup>th</sup> Oct. 2009. The Trust is an active organization in crusade against cancer since 1993. Recently the **Vasantha Memorial Trust** has launched a project named **Pudhu Vasantham**, whereby they plan to teach ladies how to do a breast self examination, crucial in early detection of breast cancer. This awareness campaign was conducted by **Mrs. Jayalakshmi Krishnan**.



Participants in this awareness program were primarily mothers of **Buniyaad's** students from the **Milind Nagar Nursery** and women from the neighbourhood. **Mrs. Krishnan** began

the session by voicing the common myths associated with cancer. She made an instantaneous connection with the varied audience by presenting important medical information in easy – to - understand layman's language.



help of **Buniyaad** volunteers and the Class Teacher.



New medical charts for this year were created for all the students. Important details like weight along with height of the students were duly measured and recorded. Thence, students were examined by the Doctor with health inputs from their respective parents. As per the individual diagnoses, medicines were prescribed. Parents were also advised on further steps to be taken, certain precautions to be observed, etc.

Thanks to **Dr. Jyoti Kulkarni**, parents and students went back satisfied.



➤ [What have they been doing??](#)

The audience were at ease and very attentive during the Presentation. In addition to the important facts about Breast Cancer, she also informed the participants about emerging trends like the launch of cost-effective systems, Pap Smear Tests and Mammograms at reasonable or no cost for the underprivileged.

This section brings to all our valued readers, a short update on the various activities undertaken in the Nurseries of **Buniyaad**.

This Awareness Campaign educated the women on the facts that Cancer is not incurable and that Early Detection and thus timely medical aid goes a long way in helping the survival of the patient. Common risk factors and typical symptoms were emphasized upon by **Mrs. Krishnan** in order to ensure that all the women present become vigilant.

Students in all the Nurseries saluted the Nation and its freedom fighters for attaining independence. With the help of their respective Nursery Teacher, they created a unique National Flag by using pulses and grains in their natural forms and colours. It



➤ [Health Check-up:](#)



*Dana Dana Mere Desh ke Naam*

***A sound mind resides in a sound body.***

*~ Anonymous.*

Children's health is as important as educating their minds. Hence **Buniyaad** conducted a medical health check-up camp on 7<sup>th</sup> Oct, 2009, the first for the Academic



Session 2009 - 2010, under the expertise of **Dr. Jyothi Kulkarni**. The

students of **Buniyaad - Milind Nagar** accompanied

by their parents

were called for a medical check-up. Smooth, efficient implementation was possible with

was admirable to watch students persevering to get small grains in place and line, in order to achieve the desired look. As young they are, it is never too early to educate them about the significance of the colours in the National Flag. The little children's enthusiasm, when singing patriotic songs



accompanied by waving flags held aloft in their little hands, was a sight to make any Indian proud.



**Friendship Day** was celebrated in Nursery 1 where students made pretty *Friendship Day Bands* and were thrilled to tie them on their friends' wrists. Students were lovingly told about the importance of friendship and to remain united always.

In Nursery 2 **Friendship Day** was observed along with **Raksha Bandhan day**. All the students were excited at the



opportunity to create a *Rakhi* all by themselves. With some help from the Teacher and volunteers, they did a wonderful job. The function was happily concluded by girls tying *rakhis* for the boys, distribution of sweets and all the students' foreheads adorned by the auspicious red kumkum mark.

**Teachers' Day** was celebrated in **Buniyaad Nurseries 2 & 3**. At **Nursery 3, Vikhroli Parksite**, a cut-out of a cup was made on chart paper. Each kid applied thumb-print using different colours. Sachets of tea-bags, milk and sugar were stapled to



*Wah Chai! A cup brimming with love.*

the cup. The cup was nicely decorated and it was presented to the teacher with a request to relax and have a cup of tea. A flower bouquet was also presented to the teacher.

At **Nursery 2, Milind Nagar**, **Teachers' Day** was made special by the young students where

they created a paper bouquet of flowers for their teacher. Each flower was lovingly and respectfully pasted on paper while they wished a *Happy Teacher's Day* to their



beloved teacher. Their teacher reciprocated her love in the form of her blessings which were made sweeter with chocolate in children's hands.



➤ **Pot Decorating Competition:**

Conducted in the 1<sup>st</sup> week of Oct., **Pot Decoration Competition** was the highlight of the Quarter for the students and their respective teachers. An earthen pot along with a variety of decorative materials was provided by **Buniyaad**. The USP was



*Small Hands, Big Ideas!*



*Little Artisans at Work.*

that all the students were guided by the teacher and had to execute instructions to decorate the pot. And the task was to be completed within the time-limit of 45 minutes!



*Fruit of their Toils: The Masterpieces.*

The competition was judged by **Mrs. Alpana Mansukhani**. After due consideration and much deliberation, the pot decorated by Nursery 2 was adjudged to be the winner. **Kudos to Mrs. Matode and her students!**

The event was made special by the active participation of **Xoriant**. This is how their representatives express their sentiments.

Pranav Deo says...

*I had a very good experience being a volunteer for 'Buniyaad'.*

*Those kids are really very smart. I was impressed with one of the Kids named 'Rohan' who was very excited in singing poetry and was taking good initiative in the class. The other kids were also equally good.*

*I salute 'BUNIYAAD' & everyone associated with it. I shall definitely encourage my colleagues to have an awe-inspiring experience like me.*

Anup D'souza says...

*Thank you for giving me the opportunity of being a part of 'Buniyaad'.*

*I had a great experience being a volunteer for this noble cause. As said by Pranav, the kids are really smart, some at first, were shy seeing me in their midst but they soon became friendly with their "bhैया" Seeing them participate gave me immense joy & took me back to my childhood days.*

*It's been my pleasure to interact with the kids & participate.*

IMPRESSIONS

*Time being the essence of life, was the intuition which led me to pursue my dream to utilise the time I had on hand constructively (when my kids are in school) to do something for the underprivileged children for their education. **Buniyaad** has given me this opportunity to render my services. On my first day at the Playgroup & Nursery, I went early. As I entered the classroom, I was thrilled and happy to be amongst the tiny angels in disguise. I felt like a kid once again.*

*It was my passion for teaching which gave me joy to teach them to hold crayons and colour, also to sing nursery rhymes with actions. It reminded me of my childhood and made me narrate these things to my children, who in turn enjoyed them so much. It makes me proud and gives me utmost satisfaction that I will be able to mould these tender hearts and guide them in the right direction.*

**Thank you, Buniyaad.**

Ms. Latha Kodi,  
Volunteer, Buniyaad.

**"There's nothing stronger than a heart of a Volunteer." – Franklin Roosevelt (Ex-President, USA)**

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